Achievements

- North Glasgow Youth Stakeholders Group (NGYSG) - Health sub implemented their health plan with partners and secured funding for the following:
  - Lifestyle / cookery workshops (Fairer Scotland Funding)
  - Supporting a counsellor in a school which currently has no provision (CHCP funding)
  - Training for teachers / resources and support from Lifelink Youth for the introduction of the Positive Mental Attitudes Pack (CHCP funding)
  - The YHS nurse has delivered 23 outreach sessions with over 200 young people providing information and advice on a range of health topics.
  - Opened a new service in Closeburn St (Possilpark) in partnership with North Community Addiction Team to focus on the hazards of alcohol.
  - Engaged 2 youth work staff from Ruchill Youth Project and Young Peoples Futures to deliver streetwork for the Possilpark YHS targeting "young drinkers on the street".
  - The CHCP funded Toonspeak, a local theatre company, to create a drama production "Wasted" around the hazards of alcohol for young people at "The Bridge" theatre.
  - Young People from East Dunbartonshire visited the Maryhill service on a fact finding mission to assist them with the setting up of their own service.
  - Increased numbers continue to access the Maryhill service - an all time high of 36 young people in one evening with 25 clinical consultations.

YHS Priorities 2010-11

- Increase support for parents through the CHCP Teen Triple P programme and 1:1 consultations at both services.
- To pilot a young persons smoking cessation group delivered in a school setting.
- Review awareness raising / publicity in particular the YHS website.
- To continue to support NGYSG – health plan developments.
- Continue to target vulnerable young people through outreach.
- Ongoing delivery of a holistic YHS at Maryhill & Possilpark.
- Improve links with secondary schools in North Glasgow through Health Improvement Seniors – Schools.
- Explore additional funding opportunities where possible.
- Actively link young people to hobbies, activities, training or work placements.
- To improve sexual health of young people by actively encouraging Chlamydia testing & long acting reversible contraception.

Feedback from Young People

Really Cool workshops, easy to talk to staff

A young person said about Wasted "it was good, and gave us loads of information"

Positive Outcomes for Young People

- The Possilpark service has recruited a young person as a peer worker volunteer from Cleveden.
- In March approximately 600 young people attended the drama production "Wasted" which is set around the hazards of alcohol for young people at "The Bridge" theatre.
- Young people have access to all opportunities offered by NGYSG partners for example ballet classes or Life Skills Course.
- Out of the young people we have signposted to North Glasgow Regeneration Agency, 8 young people have engaged with the service with positive outcomes.
- A youth worker supported one young person to volunteer within another North Glasgow Youth project and they accessed a “get into youth work programme". This young person now has paid sessional work as a youth worker.
- One young girl who initially attended the counsellor has had continued support from the YHS throughout the year to access Social Work, Glasgow North Regeneration Agency, Jobcentre Plus and Housing Associations.

Why Young People come to the YHS

There’s nothin’ to do round here

My family was falling apart and there was no one to see what was happening to me

We’re "wasted" all the time

A young person said about Wasted "it was good, and gave us loads of information"
The YHS is a free confidential service for young people ONLY, ages 12-19 yrs

Young People can:
- See a Doctor or a Nurse without an appointment, with a friend if that’s easier.
- Access physical activity opportunities with the help of a fitness instructor.
- Take part in workshops about issues young people have concerns about – e.g. cyber-bullying, vandalism, internet safety & looking good.
- Talk to a Counsellor about problems like family break-up, anger management, loss or addiction problems (smoking or binge drinking).
- Chat to Youth Workers about what’s on in the area.
- Have support to stop smoking.
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Monitoring Data (cont.)

- Awareness Raising
  - This year we had referrals from parents, school nurses, pastoral care teachers, key workers, child psychologists, social workers & GPs.
  - Visitors to the services included student nurses, health colleagues, other local organisations and youth groups.
  - We have attended 10 events throughout the year for example gala days, fayres, North Glasgow 5k fun run.
  - The website had 133 unique visitors this year (www.yhs-ng.co.uk).
  - Our “Cashback for Communities” award was used to deliver an enhanced workshop programme to attract new young people.
  - Bolt FM internet radio, broadcast an interview with YHS Co-ordinator to tell local young people what’s on offer at the YHS.

Partnership Working

- Health Improvement - working with North Glasgow Youth Stakeholders Group (NGYSG), Strategic Youth Health Network (Greater Glasgow & Clyde) and Health Scotland.